



## Kerala Ayurveda Tour

### Places Covered :

1N Cochin - 2N Munnar - 1N Thekkady - 1N Alleppey - 7N Kovalam

### Description

**Kerala Ayurveda Tour Packages** allows you to give yourself a retreat with spiritual healing treatment. Kerala, popularly known as 'God's Own Country' is dotted with several enchanting destinations to admire the beauty of the nature. The splendid beauty of the place takes you to a world of rich greenery and tranquil backwaters. Stressed out urban dwellers rejuvenate themselves at the Ayurveda spas in Kerala

Kerala unique Ayurveda treatment not only detoxifies and rejuvenates your body but it helps to maintain the equilibrium of your body, mind and spirit. Book your tickets and enjoy your retreat with **Kerala Ayurveda Tour Packages**.

Kerala, experinced in the 5,000-year old healing system of Ayurveda. Can help you to get a retreat. Unlike other states of India, the Southern state of India take medicine treatment as their area of expertise.

This 12 Nights and 13 days tour ensures you the best Ayurveda treatment in Kerala which meet your needs and you will have a wonderful vacation at the same time.

**Note:** This is just a suggested itinerary indicative of what could be possible. We tailor holidays for your specific needs. Kindly [contact us](#) if you want modifications in this itinerary. So that we could tailor a holiday to suit your requirement for an unforgettable tour.

### Itinerary

### Day 01: Arrive Cochin

Upon arrival at Cochin airport/ railway station, meet with our representative and transfer to the hotel. In the afternoon city tour of Cochin to visit Dutch Palace (Built by the Portuguese), Jew Town, the 1568 Jewish Synagogue, spice market, where the air is filled with the pungent smell of spices, St. Francis Church and Chinese fishing nets. The evening holds a show of Kerala's most popular classical dance. Overnight stay at Cochin.

### Day 02: Cochin-Munnar (140 Kms / 5 Hrs)

Morning after breakfast you will be transferred to Munnar. Munnar is located at the confluence of 03 rivers as the very name signifies. The sprawling tea plantations and picturesque towns make Munnar a popular hill resort town in South India. Enroute visit Cheyyapra waterfalls, Valara waterfalls, Attukadu waterfalls, Spice plantations etc. On your arrival at Munnar you will be transferred to the hotel. Evening at leisure. Overnight stay in Munnar.

### Day 03: Munnar

In the morning after breakfast, start the sightseeing of Munnar visiting the tea plantations, Tea Museum, the Eravikulam National park home of the endangered Niligiri Thar (Ibex), followed by visit to the Mattupetty dam, the the Kundala Lake and other scenic spots. Overnight stay at the Hotel.

### Day 04: Munnar to Thekkady (120 Kms / 4 Hrs)

Morning after breakfast transfer to Thekkady. Thekkady has one of the world's most fascinating natural wildlife reserves noted for its geography, diverse wildlife and scenic beauty. Arrive Thekkady and check-in at Hotel. Later afternoon boat ride on the Lake Periyar where one can have a unique experience of viewing wildlife at close quarters from the safety of a boat on the lake. The greatest attraction of Periyar, however are the herds of wild elephants that come down to play in the lake (Wild life viewing is always dependent on one's good fortune). Overnight stay at thekkady.

### Day 05 : Thekkady to Alleppey (145 Kms / 4 Hrs)

Morning after breakfast check out and proceed to Alleppey. Alappuzha or, erstwhile Alleppey is a true splendour of Kerala. It is a tiny district of Kerala and looks like the place that has come straight from God's own paintbrush. Often deemed as the 'Venice of East' by many travelers. , this backwater state is also home to diverse range of animals and birds. Alleppey is simply the most magical place on the earth. On your arrival, you will be transferred to the resort. Houseboat. If you opt for the Houseboat which is world's major tourist attraction you can relax while the boat cruises through the narrow serene backwater canals of Alleppey. We can see here in breathing green, the village slumbers by the Vembanad Lake. On cruise scenery flashes up vivid contrasts of lush green and deep blues. As the boat glider along the gorgeous green of the fringed palms the ripples in the blue water blend in to little wavelets. Lunch, Evening Tea/ Coffee with snacks, dinner all are provided inside the houseboat. Overnight stay will provide on Houseboat. Note: • The cruise commences at 1230 hrs with lunch served on board and continues till dusk. At dusk the boat will anchor in a wide waterway or lake for the night (The backwaters close to boat traffic

at dusk as the fisherman lay their nets in the backwaters. Other boats are not allowed to ply in the backwaters after dusk. On the following day the cruise commences again after breakfast and the guest will be dropped at Alleppey by 0900Hrs. Overnight stay at Houseboat. • Houseboat check in at 12Noon and cruises till 5PM, Boat will be anchored till 8AM and cruises till 9AM for checkout • For A/C Houseboat, A/C will be operating from 9PM till 6AM only (All houseboat related inclusions are applicable only if the Itinerary is including Houseboat stay) • Cruise Time : 6 hrs. • Bed Rooms : 01, 02 or 03 Bedroom as per room occupancy • Boarding @ : 12.00 pm • A/c will be operational from 09.00 PM to 06.00 AM with deluxe boats/ full time with premium boats.

### Day 06: Alleppey to Kovalam

Morning after breakfast check out from the hotel/ houseboat and proceed to Kovalam. Kovalam is a beach town by the Arabian Sea in Thiruvananthapuram city, Kerala,India, located around 16 km from the city center.Kovalam means a grove of coconut trees and true to its name the village offers an endless sight of coconut trees. It is also known as the paradise of the south. Upon arrival check in to hotel near the beach upon arrival. Day free to spend at leisure on the beach. Enjoy playing with the golden sands or take a swim in the shallow water. A soothing sunbath is a perfect option to unwind. The more adventurous ones can enjoy thrilling beach sports. An Ayurvedic massage can also be availed (optional). Evening transfer to hotel. Overnight stay at Kovalam.

### Day 07 - 12 : Kovalam

From day 7 to 12, you will harmonize with nature at Kovalam beach. Located close to Arabian Sea, Kovalam Beach is one of the most popular beaches in Kerala , Lighthouse beach, Hawah beach and Samudra beach. In free time, you can indulge in activities of your choice and interest. Rejuvenate your mind, body and soul at Ayurveda Resorts. All the therapeutic treatments offered here gives pleasure to one's mind, body and soul. Overnight stay at Kovalam.

### Day 13 : Departure

Morning after breakfast check out from the hotel and our representative will drop you at Trivandrum / cochin airport for onwards destination.

### Inclusions

- Accommodation on twin/ double Sharing basis.
- Daily breakfast at the hotel and all meals in the houseboat (if opt for).
- Exclusive A/c vehicle for transfers & sightseeing.
- All permit fees & hotel taxes (as per itinerary).
- Toll, parking, driver batta, etc.
- GST

## Exclusions

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- Air Fare/Train fare.
- Personal Expenses such as Laundry, telephone calls, tips & gratuity, mineral water, rafting, paragliding, Porter charges.
- Additional sightseeing or extra usage of vehicle, other than mentioned in the itinerary.
- Entrance Fees.
- Any cost arising due to natural calamities like, landslides, road blockage, political disturbances (strikes), etc (to be borne by the client, which is directly payable on the spot).
- Travel Insurance.
- Anything which is not mentioned in the inclusions.

## Terms & Conditions

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- Bookings are applicable on Twin/ double/ triple sharing basis as per the plan.
- In case of any diversion due to landslide /road block, any additional cost incurred has to be paid directly by the guest.
- During Christmas & New Year eve, most of the hotels celebrate Gala Dinner, which is mandatory for all its resident guest to attend & settle the bill on direct payment basis.
- Bookings are subject to availability with the hotel.
- Package rates are subject to change without any prior notice
- Cost does not include additional sightseeing or usage of vehicle, any services apart from the above designed itinerary.
- Tour cost does not include - Guide Charges, Porter Charges, Entry Fees and all the Personal Expenses Like - Laundry, Alcoholic & non Alcoholic beverages, Food (if not included), or any other item not specified in the inclusions.
- Bluberry Holidays will provide alternate or similar category of hotel in case the hotel mentioned in itinerary is not available.
- All cancellations & amendments will be done as per hotel policy.
- The package cannot be combined with any other offer.
- The guest must carry photo identification like Passport/Driving License/Voter ID Card IN ORIGINAL at the point of check in at the hotel..
- Bluberry Holidays reserves the right to change/modify or terminate the offer any time at its own



discretion and without any prior notice.

- A Surcharge may be levied by the hotel during National Holidays/Festive period/Extended Weekends, New year etc.